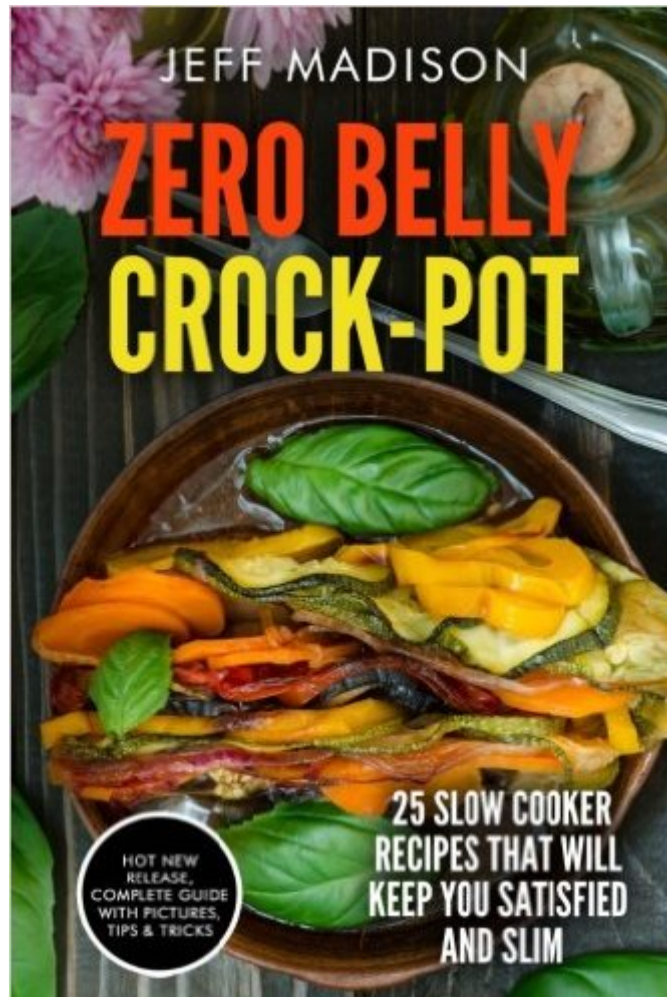


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# Zero Belly Crock Pot: 25 Slow Cooker Recipes That Will Keep You Satisfied And Slim



## Synopsis

A crowd-ready breakfast that bakes while everyone's sleeping? You'll love this cookbook. It's full of things you actually want to eat.

• Christine Gonzalez, Health Blogger, Nutritionist, Wellness Coach

Are slow cookers worth the effort? Nutritious, Delicious Meals Time-saver Useful Year-Round  
Reduced Energy Usage Easy Clean-Up Transportable

Cooking with a slow cooker is a great way to save time and still prepare a healthy meal. Assemble the meal in the morning, transfer it to the slow cooker, and get your dinner without mess or cleaning. A slow cooker cookbook you'll use day after day! These are simple, easy Crock-Pot meals. Easy enough for busy weeknights, but filled with enough flavor for the relaxing weekends!

Flavourful Stress-Free Meals Warm and Comforting  
Healthy No-Fuss Cooking Great For a Newbie Easy Cook, Easier Clean Lots of Variety Perfect for Anyone Picky Children & Husband Approved

Some Slow Cooker Recipes Included In This Cookbook: Creamy Butternut Squash Soup Spicy Quinoa and Black Bean Bowl Red Beans and Rice Casserole Gluten Free Mac and Cheese Zucchini Bread Caramelized Corn and Black Bean Enchiladas Wild Rice and Shrimp Skillet Chorizo Corn Stew Lentil and Chicken Soup

You And Your Family Deserve To Eat Delicious And Healthy Slow Cooked Meals Every Night Of The Week Get ready to start your Crock-Pot while cooking up taste bud tempting dishes that you will enjoy making again and again. Scroll up and click the BUY NOW button at the top of this page! \* Free Gift is included

## Book Information

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## Customer Reviews

The recipes are quite delicious and unique and the variety of meals that can be prepared in the slow cooker is simply amazing. recipes includes those for breakfast, lunch,, dinners as well as delicious desserts.The best factor is that vegans can enjoy flavorful meals by using this recipe book. An excellent recipe book for anyone.

This book has the best slow cooker recipes. It is so nice and easy to understand the recipes along with the photographs of the food. Tips given in this book helped me a considerable measure in sparing time. The recipes are easy to cook and simple to make and you'll get very delicious and satisfying food.

I love Slow Cooker Recipes because I already know the benefits of it. I purchased this book to find few quality recipes. This book has 25 slow cooker recipe I just tried only a few of them and found them very delicious. I will try each of them. Thanks. â €

Really good book. I like cooking. This book is great! It explains the benefits to using a crockpot and what kind of crock pot you need. Then goes into the recipes. This book has 25 slow cooker recipe I just tried only a few of them and found them very delicious. Look into other crockpot meal cookbooks. I love getting what I expect and something that will help me to feed my family healthier meals without me having to cook all day, instead the crockpot does the work!

This book is not only a great guide into the essentials of slow cooking but has a variety of different recipes for not only the typical slow cooker entrees for lunch and dinner but many delicious recipes for breakfast as well, I can't wait to try out tall of them. Also an excellent guide in food preservation for anyone shopping for two on a budget. Could have more pictures though but it doesn't take away from any information presented.

Wanting to eat delicious foods at the same time having a diet can be achieved with this recipe cookbook. My personal favorite is the sangria which is definitely a must try. The combination of ingredients provides an outstanding mixture of flavors. Although I have to comment on the spacing in which it is too much where it could have utilized more on additional recipes. Over all this book is indeed worth using.

Slow cooking has recently grown being one of my favorite pastimes. It's rewarding after a bit of a

work and wait, when dinner time arrives. This recipe book is very simplistic and clear, stating all the necessary info such as cooking times. A slow cooker recipes and guide to use the cooker in one book. Definitely looking forward for tomorrow when I get to do some slow cooking with my family.

I want to collect recipes on slow cooking because it is convenient for me as a mother at home. I don't have to worry much if it was cooked or already burnt. By grabbing this book, I checked if it is worth it with all the recipes here. And yeah, I was not mistaken. All the foods here are so great specially with these greek frittata, fruit cobbler and artichoke-spinach dip

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